Phase 1 — Planning & Declutter

Start laying the groundwork — decisions made now save stress later.

■ General Planning & Budget

- ■ Set your official move date
- ■ Create a moving budget (movers, supplies, deposits, travel)
- ■ Research moving companies *or* truck rental options
- ■ Start a Move Folder — digital or physical — for contracts & receipts
- ■ Notify employer if relocation benefits apply
- ■ Research new neighborhood (schools, doctors, transit, utilities)

■ Supplies & Materials

- ■ Order or collect moving boxes in varied sizes
- ■ Stock packing tape, bubble wrap, markers, and labels
- ■ Purchase wardrobe boxes for hanging clothing
- ■ Source specialty boxes — dish packs, mirror/picture boxes

■■ Living Room — Declutter

- ■ Sort items: Keep / Donate / Sell / Trash
- ■ Schedule donation pickup or plan garage sale date
- ■ Note furniture pieces that will not move to new home

■ Kitchen — Declutter

- ■ Purge expired pantry items, duplicates, and unused gadgets
- ■ Donate or sell duplicate appliances

■■ Bedrooms — Declutter (Primary · Guest · Kids)

- ■ Sort clothing: Keep / Donate / Season-store / Trash
- ■ Declutter closets, under-bed storage, and dressers
- ■ Let kids participate in sorting their belongings

■ Bathrooms — Declutter

- ■ Discard expired medications and products
- ■ Pare down to essentials before packing begins

■■ Home Office — Declutter

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Phase 1 — Planning & Declutter

- ■ Shred outdated documents; organize files to keep
- ■ Inventory electronics and accessories

■ Basement / Garage / Storage — Declutter

- ■ Sort tools, sports equipment, and seasonal items
- ■ Identify hazardous materials for proper disposal
- ■ Schedule bulk item pickup or junk removal

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